

MAX Inspiration

Youth Gym, Soft Play and Sensory Room usage

The Park Leisure Centre works closely with parents and carers to provide activities for children with a disability. We call these activities MAX Inspiration.

The number of activities increases all the time and we are pleased that we regularly have new parents, carers and children attending.

We have a few regular enquiries relating to MAX Inspiration Youth Gym, Soft Play and Sensory Room usage. The most frequently asked questions are below.

Q1 : How much does it cost for children with a disability to use the Soft Play and Sensory Room.

A1 : There is a disability session every day which costs £2.50 for each child. Siblings are welcome but they should also pay £2.50 if they are using the facility. The timetable is on the Park Leisure Centre and Barrow Sports Council websites.

There are some free sessions during school holidays as part of the Barrow Borough Sports Council Multi MAX session.

Q2 : When are the MAX Inspiration sessions in the Youth Gym?

A2 : These sessions are on Saturday and Sunday mornings between 9.30am and 11.30 am. Users can begin a session at any time but must try to finish by 11.30am if possible to allow time for cleaning ready for the afternoon public sessions. These cost £2.50.

Q3 : Is the Youth Gym staffed during MAX Inspiration sessions?

A3 : No All users must be accompanied by a parent, guardian, carer or responsible person who will supervise their session.

However there will be a member of the Leisure Centre staff in the adjoining gym to provide help and assistance where necessary. It is advisable that the person supervising the user has a brief induction on how the kit works prior to attending for the first time.

Q4 : Can siblings, relatives etc also use the gym at this time? ... and who has to pay?

A4 : Yes. All people using the kit have to pay £2.50. But please remember the session is for children with a disability so please use your discretion.

The same applies if you are supporting a young person or adult in the Adult Fitness Suite. If you are there to support the user, you do not have to pay. However, if you wish to use the equipment yourself and have your own workout then you either have to take out a gym membership or pay the Casual User rate.

We hope you enjoy your use of the Park Leisure Centre. If in any doubt about use of any of our facilities, please ask a member of staff or ring us in advance on 871146.

